

# Simone Ey



Simone is a positive psychology developmental Coach, Organisational Development HR Strategist and Change Specialist. With over 25 years of coaching, consulting, and development experience, she works with individuals, teams, and organisations to develop themselves, boost leadership, strategies for future workforce needs, build talent and succession pipelines and engage positive behaviours particularly through difficult change processes. Her work in leadership development was recognised in 2021 with the inaugural International HR Impact award from Northrop Grumman.

Simone uses her openness, vibrant and engaging manner to connect equally well with all levels of people within diverse organisations. Her experience and knowledge in applying in evidence-based positive coaching psychology practices, enable people and organisations to meet personal and business objectives, despite what this modern-day world throws at them.

Simone is an outstanding facilitator of groups with the ability to connect with participants, create a safe and fun environment, and expertly read the room and adjust her facilitation style as needed. When working with individuals she uses her deep knowledge and experience of psychology to develop resilience and behaviour change whilst engaging in a generous and highly accessible manner.

Simone works with individuals and Australian and international businesses to develop leadership and professional capabilities to uplift workforces for the future and fitness for change. She is particularly interested in high performing teams, diversity, burnout and implementing solutions for work life balance in psychologically safe environments.



<https://www.linkedin.com/in/simone-ey-cahri-b24b2222/>



## EDUCATION

Master of Science - Coaching Psychology (2023)

Post Graduate Diploma of Education (2000)

Bachelor of Business (HR & Psychology) (1998)

Diploma of Business (1995)



## EXPERIENCE

Over 25 years in HR, Education, Organisational and Leadership Development.

Working with CEOs, Boards, and leaders across all industries, partnering at all levels in both domestic & global organisations.

Experienced coach, advisor, strategist, workshop facilitator, practitioner, and speaker



## ACCREDITATIONS

Fellow, McLean Harvard Medical School Affiliate

Professional Member, International Coaching Federation

Certified Professional, Australian HR Institute

Mental Health First Aider

Motivational Maps

DDI Targeted Selection

Some companies **Simone** has worked with:



CITRON CONSULTING