

Simone Ey (FMBPSS, AMDRAS)



Simone is a mediation, coaching psychology, human resources and education professional. With over 25 years of coaching, consulting, and development experience, she works with individuals, teams, and organisations to develop themselves, resolve conflicts and plan for the future. She focusses on behavioural coaching to boost leadership capability, strategies for systemic workforce needs, and engaging with positive change behaviours. Her work in leadership development was recognised in 2021 with the inaugural International HR Impact award from Northrop Grumman, and in 2024 she was awarded the AI Group Influential Businesswoman Award (UK).

Simone is an adaptive leadership specialist who deconstructs challenges to identify triggers and interpersonal behaviours that obstruct clear actions for change and high performance. She uses her openness, vibrant and engaging manner to connect equally well with all levels of people within diverse organisations. Her experience and knowledge in applying in evidence-based positive coaching psychology practices and strategic workforce planning, enable people and organisations to meet personal and business objectives, despite what this modern-day world throws at them.

Simone is an outstanding facilitator of groups with an ability to connect with participants; create a safe and fun environment, expertly read the room, and adjust her facilitation style as needed. She uses her deep knowledge and experience of psychology to develop resilience and effect behaviour change whilst engaging in a generous and highly accessible manner.

Simone works with private and corporate individuals, teams and organisations. She is particularly interested in adaptive strategies for adolescents and adults, building high performing teams, supporting diversity, psychosocial safety and implementing solutions for work life balance in psychologically safe environments.



<https://www.linkedin.com/in/simone-ey-gmbpss-amdras-cahri-b24b2222/>



EDUCATION AND TOOLS

Master of Science (Coaching Psychology) (University of Sydney)
(2023)

Post Graduate Diploma of Education (Edith Cowan University)
(2000)

Bachelor of Business (HR & Psychology) (Edith Cowan University)
(1998)

Diploma of Business (Edith Cowan University) (1995)

Science of Wellbeing (Yale University) (2018)

DDI Motivational Interviewing

HOGAN 360, Integral 360, Motivational Maps



PROFESSIONAL MEMBERSHIPS AND ACCREDITATIONS

Chartered Coaching Psychologist (awaiting final approval)

Full Member, British Psychological Society

Member, Australian Association of Psychologists

Member, Institute of Coaching, Harvard Medical School

Member, International Coaching Federation

Certified Professional, Australian HR Institute

Working With Vulnerable People (ACT)

Security Clearance (NV1)

Some organisations **Simone** has worked with:

